

Who are we?

The Cenacolo Community was founded by Mother Elvira, an Italian nun, in 1983. She experienced, first hand, the trauma and anxieties that come from addiction because her father was an alcoholic. She came from a very poor family, is one of seven children who saw the chaos and suffering caused through addiction and how it affects not only the addicts but their families. For years she longed to help young people struggling with addiction. In 1983, she founded the 1st house in Saluzzo in Italy. Here she experienced firsthand how addiction can destroy a person's life and how best to free oneself from it.



What are we about?

Cenacolo is a 'School of Life' which teaches young people how to close the door on their past by healing old wounds. It gives hope and an opportunity to live an addiction-free life. It offers help to those who have lost direction and enables them to go forward with new strength to face the challenges of everyday. Cenacolo should not be confused with Drug Rehabilitation Units. It is so much more!



Is found in



There are no fees involved

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"We believe that, even in the darkest night, it is possible to find light again. In the deepest sadness, joy can be rekindled; in the bitterest loneliness, a friend may draw close and love you."

Mother Elvira

FREEDOM FROM
ADDICTION



FREE
FOR
LIFE



Is an addiction controlling
and ruining your life...

Would you like to discover
Hope and Joy....?

COMMUNITY
CENACOLO

Nothing to lose

Everything to gain

Cenacolo is a place of hope!

Tried a detox ...and then relapsed?

Been in a rehab...then left and gone back to your addiction? No long term help?

Made the effort...but let down afterwards without support, no job, no education?

That does not happen when you are in the Cenacolo.

You are welcomed and will always have the support of those around you.

It is 'for as long as it takes'!

There are no doctors, psychiatrists, social workers etc. in Cenacolo. You are among friends who have been where you are now and are there to help you begin again. You take turns to cook, clean, garden, tend animals, help with new building projects, in fact everything!

You are enabled to regain your self esteem and self confidence. There is a possibility to learn another language.

Families are encouraged to support their sons or daughters during their journey through Cenacolo taking opportunities to attend meetings or visit Cenacolo on special open days at Christmas and the May Anniversary celebration.

Those around you who have been in Cenacolo for some time live a faith based on Catholic beliefs. However you do not have to have any religious faith at all to enter Cenacolo.

Most addicts have no faith in anything but their drug, but your new friends in Cenacolo, who once lived the same kind of life as you, will be your strength and support as you gradually change your life to a new one based on new values. Recovery begins as the addict learns that he can trust the experienced Cenacolo lads around him. They are your loyal friends and colleagues. Others will see the changes in you as you begin to smile more, look healthy and your eyes shine with the joy of your new life.

Testimonies

Sasha says: After my time in Cenacolo I returned to Austria and eventually met Jana who was also in community. We got married and we have a son, Nicola, who was born in Dec 2012.

John Says: After rebuilding my life in Cenacolo I moved to Ireland where I met and married Elaine and we now have a son. Nathan. I am now involved in running the Irish Cenacolo in Knock, Co. Mayo.



Saturday is Pizza night....

....our own speciality!

